



Cara Jones

Secretary

Cara knew from her early teens that she was different - she had disproportionate legs, and when dieting didn't work, she quickly became anorexic and developed an addiction to exercise. Still, her legs didn't change. By chance in 2011, after being pushed from Doctor to Doctor because of the 'pain being in her imagination', she managed to see Professor Mortimer and finally got her diagnosis.

"Talk Lipoedema was born from a necessity to raise awareness and provide much needed support to women suffering in the UK and worldwide. We see our future very much building on the strong foundations we have built, reaching out to people and educating the medical profession."

Get in touch

carajones@talklipoedema.org
